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Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Wk 1 Mon					
Panang Coconut Red Pork / Chicken & Pepper Curry, Sticky Rice & Naan - 1 Serving		596Kcal	 WHEAT		
Smoky Chicken & Pepper Chimichurri Taco Roll - 1 Serving		353Kcal	 WHEAT  MILK		
Tugo Noodles - 1 bag		41508Kcal	 WHEAT		
Tugo Rice 15KG - 1 bag		54030Kcal			
Wk 1 Tue					
BOXT Tonkatsu sauce & Noodles - 1 Serving		333Kcal	 WHEAT  SOYA		
Crispy Onion Bhaji with Beetroot Mango Slaw in a Beetroot Wrap - 1 Serving		285Kcal	 WHEAT	 MUSTARD  SULPHITES	 VEGETARIAN  VEGAN
Wk 1 Wed					
Hot Honey Chilli Chicken with Tomato Rice - 1 Serving		518Kcal			
Mexican Chicken Hot Buddha Bowl - 1 Serving		367Kcal			
Wk 1 Thur					

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Halal Blackbean Chicken with Green Peppers & Mushrooms, Wok Fried Noodles - 1 Serving		449Kcal	 WHEAT  SESAME  SOYA		
Blackbean Pork with Green Peppers & Mushrooms, Wok Fried Noodles - 1 Serving		524Kcal	 WHEAT  SESAME  SOYA		
Turkish Beef Kofte Kebab with Tomato Salad & Chilli Sauce - 1 Serving		376Kcal	 WHEAT	 MILK  SOYA	
Wk 1 Fri					
Sweet Chilli & Soy Glazed Vegetable & Noodle Stir Fry & Spring Rolls - 1 Serving		656Kcal	 WHEAT  SOYA		
Salt & Pepper Loaded Fries - 1 Serving		387Kcal			 VEGETARIAN  VEGAN
Asian Loaded Fries (V) - 1 Serving		234Kcal	 SOYA		 VEGETARIAN  VEGAN
Loaded Fries with Cheese, Bacon & Salsa - 1 Serving		352Kcal	 MILK		

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Loaded Pizza Fries - 1 Serving		471 Kcal	 MILK	 WHEAT  EGGS  CELERY  MUSTARD  SOYA	
Wk 2 Mon					
Mongolian Spicy Beef & Vegetable Stir Fry with Noodles - 1 Serving		568 Kcal	 WHEAT  SOYA		
Katsu Chicken Wrap with Asian Slaw & Curried Mayo - 1 Serving		424 Kcal	 WHEAT  EGGS		
Wk 2 Tue					
Sweet & Sour Vegetable Noodle Pot - 1 Serving		327 Kcal	 WHEAT		
3 Cheese Jalapeno Popper Baguette Topped with Nachos & Salsa - 1 Serving		474 Kcal	 WHEAT  MILK	 BARLEY  SESAME	
Wk 2 Wed					
Nut Free Chicken Satay, Sticky Rice & Cucumber Salad - 1 Serving		399 Kcal			

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Greek Chicken Hot Buddha Bowl - 1 Serving		428Kcal	 WHEAT  EGGS  MILK	 SOYA	
Wk 2 Thur					
Chinese BBQ Chicken with Noodles - 1 Serving		499Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Sticky Asian Chicken Meatball Banh Mi - 1 Serving		482Kcal	 WHEAT  SOYA	 BARLEY  SESAME	
Wk 2 Fri					
Singapore Noodles with Vegetable Spring Rolls Stir fry - 1 Serving		472Kcal	 WHEAT  SOYA		
Wk 3 Mon					
Thai Red Chicken Meatball Curry with Wok Noodles - 1 Serving		564Kcal	 WHEAT		
Thai Red Quorn Meatball Curry with Wok Noodles - 1 Serving		519Kcal	 WHEAT  SOYA		
Sticky Korean Chicken Cheesy Melt - 1 Serving		474Kcal	 WHEAT  MILK  SOYA	 BARLEY  SESAME	

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Wk 3 Tue					
Katsu Chicken with Steamed Rice & Stir Fried Vegetables - 1 Serving		420 Kcal	 WHEAT  SOYA  MILK	 OATS, BARLEY, RYE	
Buffalo Chicken Slider & Ranch Slaw - 1 Serving		356 Kcal	 WHEAT  MILK  EGGS  MUSTARD	 SESAME	
Wk 3 Wed					
BOXT Teriyaki Chicken - 1 Serving		423 Kcal	 WHEAT  SOYA		
Caribbean Jerk Chicken Hot Buddha Bowl with Rice & Peas - 1 Serving		331 Kcal			
Wk 3 Thur					
BOXT Tonkatsu sauce & Noodles - 1 Serving		333 Kcal	 WHEAT  SOYA		
Jalapeno Nacho Dog with Cheese & Salsa - 1 Serving		920 Kcal	 WHEAT  MILK  SOYA  EGGS  MUSTARD  SULPHITES	 BARLEY  SESAME	
Wk 3 Fri					

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Oriental BBQ Vegetable Stir Fry Noodles with Spring Rolls - 1 Serving		618 Kcal	  WHEAT SOYA		

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