

Menu

↳ Desserts Oct 25



Name	Portion Name	Portion Size g	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein g	Label Sugars g	Nutri-Score C
Desserts			2032	8539	307.7	26.4	150.1	
Apple Crumble	1 Serving	115	256	1075	39	2.4	18	C
Banana Loaf - Meal Deal	1 Serving	91	283	1188	44	4	25	D
Carrot Cake & Cream Cheese Frosting	1 Serving	80	238	1003	39	2.5	26	D
Chocolate Cookie	1 Serving	51	235	982	28	2.3	11	E
Chocolate Cornflake tray cake - Meal...	1 Serving	59	259	1085	36	2.4	14	E
Chocolate Crunch	1 Serving	70	311	1302	39	3.4	19	E
Ginger Sponge - Meal Deal	1 Serving	89	263	1108	41	4.2	21	D
Golden Crispies Tray bake	1 Serving	57	221	934	43	1.4	27	E
Rice Pudding	1 Serving	85	117	496	22	2.2	13	C
Scones	1 Serving	82	266	1119	42	5.9	8.5	D
Mini Doughnuts	1 Serving	56	224	936	27	3.1	12	D

TOTALS:	2032	8539	400	33.8	195	
AVERAGES:	185	776	36.4	3.1	17.7	